

ACQ • Free Motion Quilting Club



Supply List for all Zoom Rooms -

- Machine in good working order - Generally one FMQs with the feed dogs down but if your machine doesn't allow this, you may be able to set your stitch length to 0 and cover the feed dogs.
- Manual for your machine - You may be able to find the manual for your machine online. Try a search using "manual for machine brand & model". You probably don't need to print it out for the purpose of this club.
- FMQ foot - These are common descriptions of types that will get you started. Some are metal and some are plastic, some are open toe and some are closed toe but you will need a foot that fits your specific machine. If you are just beginning, start with whatever came with your machine. One of the reasons for this club is to learn about tools, equipment and gadgets from others.
 - Darning foot
 - Embroidery foot
 - Quilting foot
 - Echo foot
 - Ruler foot
- A few thread options - Having a contrasting thread allows you to see your stitches so you can learn where & what adjustments need to be made. You want a strong thread but that includes a lot of variables. Strength could come in the form of a heavier weight thread, cotton v. polyester, better quality lighter weight thread. There are so many variables in thread that the best place to start is with what you have. We'll learn more from our mistakes than from our successes in this endeavor.

- A quilt sandwich or maybe four! If you are an experienced FMQer, bring the project of your choice. If you are a first timer or wanting to practice what you learned in a prior FMQ class, here are some suggestions.
 - 10" - 12" quilt sandwiches made with muslin or other light fabric - The fabric suggestion is to make it easy to see your stitches so it is fine to practice with prints if a contrasting thread is used. (But sometimes your "mistakes" are hidden in prints and this is a good thing to learn, too!) This size is easy to manage under the needle but may feel too small for some.
 - 18" - 24" quilt sandwiches, either squares or made from fat quarters - This size gives you more to hold onto and can be subdivided into quadrants to practice different quilting patterns.
 - Smaller projects like placemats, table runners, bed runners or even a few orphan blocks are ideas if you want to have something useful from your practice.
 - Think about panels, large pattern prints in your stash or fabrics with large areas of negative space. You can FMQ using the printed designs as guides and boundaries.

Optional Supplies - These are items you'll probably need or want the more you practice to help correct mistakes, improve overall skills and even provide physical comfort while FMQ. But you certainly don't need them to get started in the club. Ask others in the club what they like and why about these optional supplies before you invest.

- Extension table for your sewing machine - This becomes more important as your projects become larger.
- FMQ gloves - lots of options of varying costs. These gloves usually have a grippy texture on the fingers and can make a difference in how you physically experience FMQ as well as improve stitch results.
- Supreme Slider - This is the brand name of a tacky-backed teflon mat that you place on your machine bed around the needle area to eliminate friction and drag as you move your quilt under the needle. It or something like it can really make a difference in how your stitches look and how you physically experience FMQ.
- Little Genie Magic Bobbin washers - This is the brand name of a teflon washer that you add to your bobbin case. It's supposed to improve stitch quality with FMQ. These may not work in all machines, especially computerized machines.