

Beth Sullivan Designs

315 Lake Street, Bellingham, MA 02019

beth@bethsullivanandesigns.com

www.bethsullivanandesigns.com

www.facebook.com/BethSullivanDesigns

T-Shirt Quilt Full Day Zoom Class – 3 Hours

This class is designed to help you start your variable layout T-shirt quilt. You will come up with a plan, complete block prep, and design your quilt. Most likely, you will not get to sew. This materials list is only for what you need the day of the class. All other quilt materials (border fabric, backing fabric, batting, etc.) can be purchased at a later date. Very often, even the most experienced quilters are stymied when approaching using clothing in quilts. This class will get you started.

Materials List

- **T-Shirts!** In addition to regular T-shirts, please feel free to gather sweatshirts and other kinds of clothing. Prewash all items with no fabric softener and no dryer sheet. Do not cut anything! We will be doing that in class.
- **Interfacing:** I use Pellon P44F (non-woven) for most of my quilts but use Pellon 911FF (non-woven) and Pellon Shape-Flex (woven) if the item is very thin or has issues. Quantity is determined by the number of items you have. In general, plan on no more than ½ yard per item for bigger logos. 12 shirts = 6 yards at the most. Please feel free to get whatever thin, non-woven, one-sided fusible interfacing that your quilt shop carries.
- **Press cloth:** Thin, cotton press cloth. NOT an appliqué pressing sheet.
- **Bowl and water**
- **Fabric scissors**
- **Rotary cutter & large cutting mat**
- **Large SQUARE ruler** – My absolute favorites are the Creative Grids 16.5" or 20.5" squares. The larger one in particular is amazing. It's pricey but I use it all the time. Any large square ruler of similar size will be fine.
- **Pins**
- **Graph paper** (multiple sheets or a pad), **pencil, colored pencils, paper scissors, clear tape, small envelope or baggie**
- **Iron or steam press:** Please make sure you protect your ironing surface with some muslin.

Optional:

- **Fusible spray or heat sensitive fusible:** I use Wonder Under or 505 spray but anything similar is fine. You will only need this if you are making patches from small logos onto bigger shirts.
- **Cotton fabric (white, black, gray or other plain color) for mounting:** Once again, only used in the cases of V-necks, tank tops, etc.
- **Sewing machine and sewing supplies:** Make sure you have a variety of thread colors on hand in case you need to satin stitch patches, straight stitch and appliqué feet, pins, etc. (Most likely you will not get a chance to sew very much.)
- **Jersey needles:** I like size 80/20.

Class Instructions:

I will send you the Zoom link a few days before the class. We will start exactly on time. I will have the class link open for 15 minutes before class begins to allow for fixing technical issues. Please make sure you have video capability either through your webcam, computer camera or a phone camera so I can occasionally see what you are working on. Unlike other classes where the instructor gives you what they want you to do, this class is very much determined by what you have in your clothing pile. The class is a mix of me speaking, demos, you working, short slide shows of different techniques, showing the class what you did, etc. It is not intended that you finish the quilt top in the class. It is intended to get you started with the block prep and planning.

Unique Items:

If you have interesting items that you need help with, please send me photos in advance of the workshop. I will put together some ideas for you and be ready to help advise. It is difficult for me to sort through hundreds of my own photos on the spot so advance notice helps immensely!

Contact: On the day of the class, if you are having technical issues and need to contact me, please feel free to use my cell phone (508) 954-7403 to text or call with issues. I may not be checking email during class.

Please let me know if you have any questions about either the supply list or the instructions for the day. I am very much looking forward to the class!

Beth Sullivan